

## The Prevalence of FOXP3<sup>+</sup> Regulatory T-Cells in Peripheral Blood of Patients with NSCLC

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### Abstract

We have studied CD4<sup>+</sup>CD25<sup>high</sup>FOXP3<sup>+</sup> regulatory T-cells (T<sub>regs</sub>) from 51 patients with non-small-cell lung cancer (NSCLC) and 33 healthy donors. Regulatory T-cells were identified by fluorescence-activated cell sorting by using a panel of antibodies and by reverse transcriptase polymerase chain reaction analysis for FOXP3 expression. Functional studies were done to analyze their inhibitory role. Finally, regulatory T-cells were analyzed in malignant pleura effusion (PE) from patients with NSCLC. Patients with NSCLC have increased numbers of CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> T<sub>regs</sub> in their peripheral blood and pleura effusion (PE), which express high levels of CTLA-4, GITR. These cells were anergic toward T-cell receptor stimulation and, when cocultured with activated CD4<sup>+</sup>CD25<sup>-</sup> cells, potently suppressed their proliferation and cytokine secretion. Our data suggest that in NSCLC patients, there is an increase of CD4<sup>+</sup>CD25<sup>high</sup>FOXP3<sup>+</sup> regulatory T-cells in the peripheral blood and tumor microenvironment. These T-cells might prevent effective antitumor immune responses, and the increase in frequency of CD4<sup>+</sup>CD25<sup>high</sup>FOXP3<sup>+</sup> Tregs might play a role in the modulation of the immune response against NSCLC and could be important in the design of immunotherapeutic approaches.

**Key words:** non-small-cell lung cancer (NSCLC), CD4<sup>+</sup> CD25<sup>high</sup> FOXP3<sup>+</sup> T-cells, regulatory T cells (T<sub>regs</sub>)

### Introduction

Lung cancer has become the number-one killer among cancers worldwide. Although lung cancer remains the leading cause of cancer-related mortality in the United States, its incidence is increasing; in 2008, 215,020 new cases are expected, and 161,840 persons are projected to die from the disease in the United States.<sup>1</sup> Non-small-cell lung cancer (NSCLC) accounts for 85% of all lung cancer cases in the United States. After the initial diagnosis, accurate staging of NSCLC is crucial for determining appropriate therapy. When feasible, surgical resection remains the single most consistent, successful option for cure. However, close to 70% of patients with lung cancer present with locally advanced or metastatic disease at the time of diagnosis. Chemotherapy is beneficial

for patients with metastatic disease, and the administration of concurrent chemotherapy and radiation is indicated for stage III lung cancer,<sup>2</sup> but the overall 5-year survival rate is a dismal 15%.<sup>1</sup> Therefore, identifying and establishing alternative approaches for the treatment of NSCLC is quite a challenge and is of high interest.

The clinical behavior of any given tumor is unpredictable, but it most likely depends on a complex relation between the tumor genotype and the host response to disease. Previous studies have investigated the changes in morphology, genetics, and molecular biology of epithelial cells during tumorigenesis. Recently, many studies have suggested that the tumor microenvironment also plays an important role in the establishment and progression of tumors. Lymphocytes contribute to the tumor microenvironment through

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immunity and inflammation. CD8<sup>+</sup> CTLs can directly kill target cells by releasing granules, including membrane-lytic materials, such as perforin and granzymes in acquired immune responses, thereby playing a central role in antitumor immunity. Indeed, a high frequency of CD8<sup>+</sup> T-cells infiltrating cancer tissue can be a favorable prognostic indicator in ovarian cancer<sup>3</sup> and colorectal cancer.<sup>4</sup>

In contrast to CD8<sup>+</sup> CTL, which generally exerts a suppressive influence on tumor growth, (T<sub>regs</sub>) are thought to have a positive effect on tumor growth through the suppression of antitumor immune cells. CD4<sup>+</sup>CD25<sup>+</sup> T<sub>regs</sub> are a minor, but functionally unique, population of T-cells, which maintain immune homeostasis in immune tolerance and the control of autoimmunity. T<sub>regs</sub> can inhibit immune responses mediated by CD4<sup>+</sup>CD25<sup>-</sup> and CD8<sup>+</sup> T cells in vitro by a contact-dependent and cytokine-independent mechanism,<sup>5</sup> although more recent reports suggest that the immune suppression mechanisms of T<sub>regs</sub> in vivo are more complex. The forkhead or winged helix family of transcription factor P3 (FOXP3) is critical for the development and function of T<sub>regs</sub> in mice and humans,<sup>6</sup> and is still the only marker for evaluating real T<sub>regs</sub> that have a suppressive function. In murine models, it has been described that T<sub>regs</sub> inhibit the antitumor immune response.<sup>7</sup> Recently, Baecher-Allan et al.<sup>8</sup> reported the identification of a CD4<sup>+</sup> population of regulatory T-cells in the circulation of healthy humans expressing high levels of CD25 (CD4<sup>+</sup>CD25<sup>high</sup>) that exhibit in vitro characteristics identical with those of the CD4<sup>+</sup>CD25<sup>+</sup> regulatory cells isolated in mice. This CD4<sup>+</sup>CD25<sup>high</sup> T-cell subset in humans comprises 1%–2% of circulating CD4<sup>+</sup> T-cells, unlike that in rodents, where 6%–10% of CD4<sup>+</sup> T-cells demonstrate regulatory function. Whereas the entire population of CD4<sup>+</sup>CD25<sup>+</sup> T-cells expressing both low and high CD25 levels exhibit regulatory function in the mouse, only the CD4<sup>+</sup>CD25<sup>high</sup> population exhibits a similarly strong regulatory function in humans.

Involvement of CD4<sup>+</sup>CD25<sup>+</sup> T<sub>regs</sub> in human cancer has been observed in peripheral blood and tumor tissues from patients with several types of cancer.<sup>9–12</sup> Early studies detected T<sub>regs</sub> not as FOXP3<sup>+</sup> T cells, but as CD4<sup>+</sup>CD25<sup>+</sup> T-cells, although recent studies have revealed that CD4<sup>+</sup>CD25<sup>+</sup> T-cells consist of T<sub>regs</sub> and activated effector T-cells, the latter being increased in inflammatory lesions.<sup>13</sup>

In the present study, we investigated the clinical values of CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> T<sub>regs</sub> in both the peripheral blood and PE of NSCLC.

## Materials and Methods

### Patients and samples

The study protocol was approved by the Ethics Committee of Union Hospital affiliated to Tongji Medical School of Hua-Zhong University Of science and Technology (Wuhan, China) for human studies, and informed consent was obtained from all subjects.

Blood samples were collected from a total 51 NSCLC patients, who were males (n = 34) and females (n = 17) with a mean age of 54.25 ± 13.17 years (range, 25–89) from February 2007 to November 2008, seen at the Cancer Center of our hospital. Tumors were classified with a tumor-node metastasis (TNM) classification, according to the World Health Organization (WHO) classification.<sup>14</sup> NSCLC was diagnosed

Table 1. Characteristics of NSCLC Patients and Healthy Donors

	NSCLC	Healthy donors
Age (y)	54.25 ± 13.17	51.80 ± 13.60
Range	25–89	24–71
Gender		
Male	34	18
Female	17	15
Total	51	33
Clinical stage		
Stage I-II	6	
Stage III	20	
Stage IV	25	
Pathology		
Squamacarcinoma	15	
Adenocarcinoma	29	
Squama-adenocarcinoma	4	
Large-cell	1	
Nondifferentiated	2	

NSCLC, non-small cell lung cancer.

by pathology or cytology, including 15 cases of squamacarcinoma, 29 of adenocarcinoma, 4 of squama-adenocarcinoma, 1 of large-cell carcinoma, and 2 of nondifferentiation. Of these, 6 were stage I–II, 20 were stage III, and 25 stage IV.

Blood samples were also taken from 33 healthy volunteers, 15 of whom were males and 15 females with a mean age of 51.8 ± 13.6 (range, 24–71). Patient characteristics and disease classification are shown in Table 1.

In addition, 18 PE samples were collected from stage IV NSCLC patients, who were males (n = 10) and females (n = 8) with a mean age of 54.50 ± 12.90 years (range, 26–89). In total, 15 nonmalignant PE samples were collected as a control from the Department of Respiratory Disease in our hospital, who were males (n = 9) and females (n = 6) with a mean age of 56.8 ± 17.8 years (range, 20–78).

At the time of sample collection, none of the patients had received any anticancer treatment, corticosteroids, or other nonsteroidal anti-inflammatory drugs (NSAIDs).

### Cell isolation and sorting

Peripheral blood mononuclear cells (PBMCs) were isolated from freshly obtained blood by Ficoll density gradient (Biochrom, Berlin, Germany), as described before.<sup>8</sup> For the isolation of CD4<sup>+</sup>CD25<sup>+</sup> and CD4<sup>+</sup>CD25<sup>-</sup> T-cells, PBMCs were further separated by using the regulatory T-cell isolation kit (Miltenyi Biotec, Bergisch Gladbach, Germany) and Mini-MACS separation unit (Miltenyi Biotec), according to the manufacturer's instruction. For sorting of the cells, CD4<sup>+</sup> T-cells were purified from freshly isolated PBMCs using the CD4<sup>+</sup> T-cell isolation kit and sorted into CD4<sup>+</sup>CD25<sup>+</sup> and CD4<sup>+</sup>CD25<sup>-</sup> cells, using CD25 microbeads and PE-conjugated antibody 25 (Miltenyi Biotec). Eventually, CD4<sup>+</sup>CD25<sup>+</sup> T-cells were obtained with a purity ranging from 85% to 90%. PE was collected at the time of paracentesis. The fluid was centrifuged at 1200 rpm for 10 minutes, and the cell pellet was separated on a Ficoll density gradient, as described previously.<sup>15</sup> Enriched cells were >90% pure, as determined by flow cytometry. The lymphocyte layer was collected,

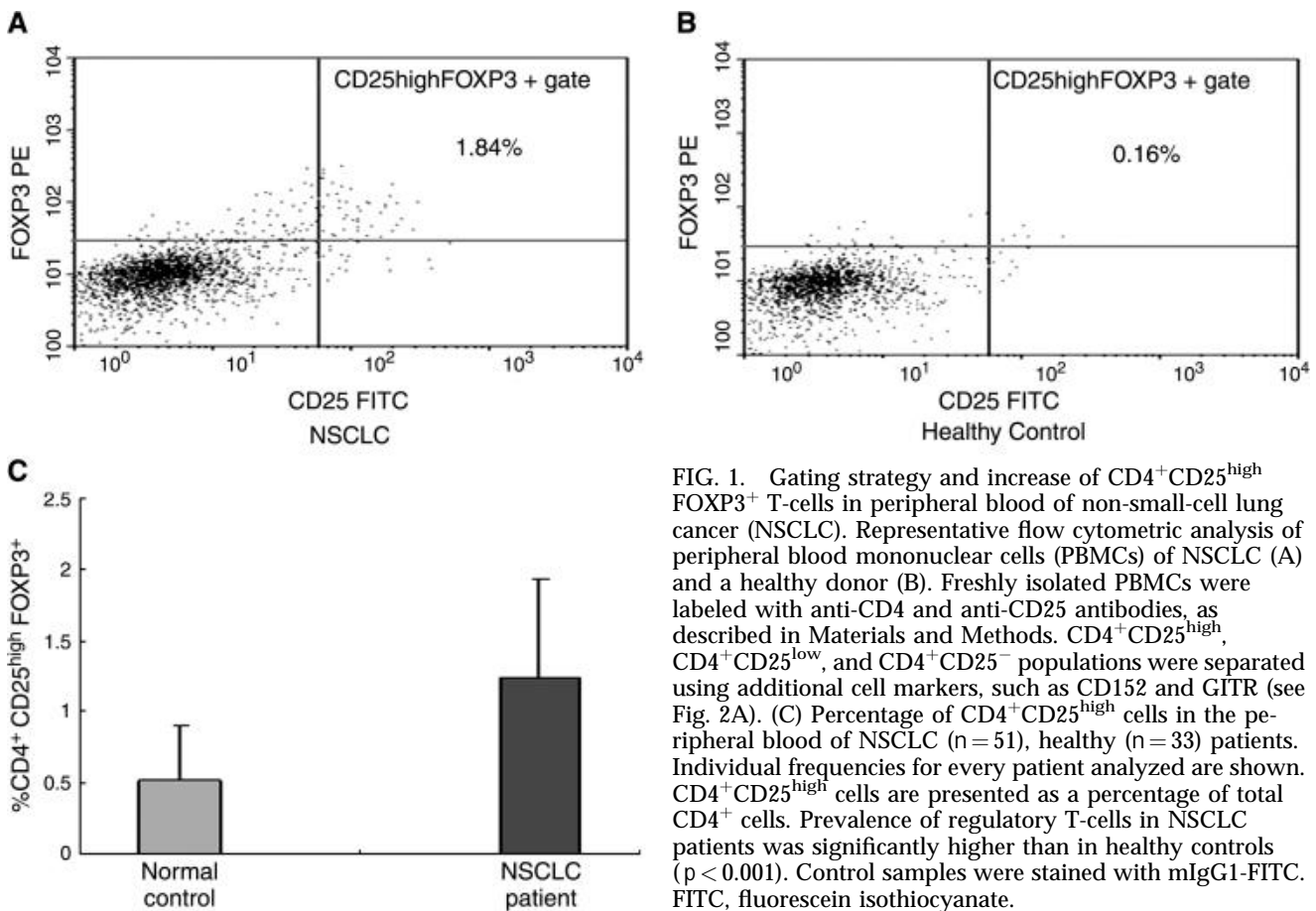


FIG. 1. Gating strategy and increase of CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> T-cells in peripheral blood of non-small-cell lung cancer (NSCLC). Representative flow cytometric analysis of peripheral blood mononuclear cells (PBMCs) of NSCLC (A) and a healthy donor (B). Freshly isolated PBMCs were labeled with anti-CD4 and anti-CD25 antibodies, as described in Materials and Methods. CD4<sup>+</sup>CD25<sup>high</sup>, CD4<sup>+</sup>CD25<sup>low</sup>, and CD4<sup>+</sup>CD25<sup>−</sup> populations were separated using additional cell markers, such as CD152 and GITR (see Fig. 2A). (C) Percentage of CD4<sup>+</sup>CD25<sup>high</sup> cells in the peripheral blood of NSCLC (n = 51), healthy (n = 33) patients. Individual frequencies for every patient analyzed are shown. CD4<sup>+</sup>CD25<sup>high</sup> cells are presented as a percentage of total CD4<sup>+</sup> cells. Prevalence of regulatory T-cells in NSCLC patients was significantly higher than in healthy controls (p < 0.001). Control samples were stained with mIgG1-FITC. FITC, fluorescein isothiocyanate.

washed, and further stained for regulatory T-cells, as described above.

#### Flow cytometry analysis

To determine the frequency and phenotype of FOXP3<sup>+</sup> regulatory T-cells in PBMCs and pleura effusion mononuclear cells (PEMCs), multicolor-fluorescence-activated cell-sorting analysis was done, using the following antibodies: anti-CD4-Percp (BD Biosciences, San Jose, CA), anti-CD25-FITC (BD Biosciences), PE-conjugated FOXP3 (BD Biosciences), anti-GITR-APC (eBiosciences, CA), and anti-CD152 (CALT4)-PE (eBiosciences, San Diego, CA). Before use, all mAbs were titrated using normal resting or activated PBMCs and PEMCs to establish optimal staining dilutions. Flow cytometry was done by using a FACScan flow cytometry (BD Biosciences) equipped with software. The acquisition and analysis gates were restricted to the lymphocyte gate, as determined by characteristic forward- and side-scatter properties of lymphocytes (Fig. 1a.); forward and side scatters were set in a linear scale. For analysis,  $1 \times 10^5$  lymphocytes were acquired. The analysis gates were restricted to the CD3<sup>+</sup>CD4<sup>+</sup>, CD4<sup>+</sup>CD25<sup>+</sup> and CD4<sup>+</sup>CD25<sup>high</sup> T-cell subsets (e.g., Fig. 1). Isotype-matched antibodies were used with all the samples as controls. Cells expressing T<sub>reg</sub> markers were acquired and analyzed.

To determine the frequency of CD4<sup>+</sup>CD25<sup>high</sup> T-cells and the "T<sub>reg</sub>" surface marker profile, PBMCs and PEMCs (at least

$0.2 \times 10^6 \times$  cell/tube, respectively) were stained with monoclonal antibodies (mAbs) in the above-described panel for 15 minutes at 48°C.

Intracellular staining for FOXP3, CD152 (cytotoxic lymphocyte-associated antigen-4; CTLA-4), surface cellular staining for glucocorticoid-induced tumor necrosis factor (TNF): receptor family-related receptor (GITR). Briefly, samples were first incubated with mAbs against surface markers CD4, CD3, and CD25, fixed with 4% (v/v) formaldehyde in phosphate buffered saline (PBS) for 20 minutes at room temperature, stained with anti-CTLA-4-PE, anti-FOXP3-FITC, for 30 minutes at room temperature, then resuspended in fluorescence-activated cell-sorting flow solution, and immediately analyzed by flow cytometry. Appropriate isotope controls were included for each sample. Appropriate isotope antibody controls were used for each sample. Cells were washed and examined by four-color flow cytometry.

#### Analysis of FOXP3mRNA expression by RT-PCR

CD4<sup>+</sup>CD25<sup>−</sup> and CD4<sup>+</sup>CD25<sup>+</sup> cells were sorted, as described above. Total RNA was extracted from cells isolated from magnetic beads with Trizol reagent (Invitrogen, Carlsbad, CA). First-strand cDNA was synthesized with a cDNA synthesis kit (Toyobo, Japan). Reverse transcription polymerase chain reaction (RT-PCR) was performed with lower than 1 mg of total RNA for cDNA synthesis. The following primers were used in PCR reactions. FOXP3: 5'-primer

GAAACAGCACATTCCCAGAGTTC:3'-primer CACC ACC CTG T TGCTGAT (expected size, 100 bp). GAPDH: 5'-primer TATGA TGAC ATC AA GAAGGTGG; 3'-primer CACC ACCC TGTTCG TGAT (expected size, 213 bp). PCR reactions were done at 37 cycles in a 25- $\mu$ L volume, and PCR products were analyzed in an agarose gel stained with ethidium bromide. Results are shown as relative FOXP3 mRNA levels.

#### Western blot analysis

CD4<sup>+</sup> T-cells were purified from freshly isolated PBMC of NSCLC patients and healthy controls. Nuclear extracts were prepared, as described previously<sup>16</sup> and run on a 10% sodium dodecyl sulfate (SDS) gel. FOXP3 protein was detected by using a polyclonal anti-FOXP3 antibody (Abcam, Cambridge, United Kingdom).

#### Proliferation and immunosuppression assays

T<sub>regs</sub> obtained from PBMCs were tested for regulatory function by coculture analysis at the suppressor (CD4<sup>+</sup>CD25<sup>+</sup> regulatory T-cells) to responder (CD4<sup>+</sup>CD25<sup>-</sup> effector T-cells) ratios of 1:1, 1:2, and 1:4 with 5 mmol/L of carboxyfluorescein diacetate, succinimidyl ester (CFSE; Molecular Probes, Carlsbad, CA)-labeled autologous CD4<sup>+</sup>CD25<sup>-</sup> T-responder cells per well. Soluble purified antihuman CD3 (BioLegend) (10  $\mu$ g/mL) and soluble purified antihuman CD28mAb (5  $\mu$ g/mL) (BioLegend) were used for stimulation for 6 days.

CFSE labeling of responder T-cells was done, as described previously.<sup>15</sup> Briefly, CD4<sup>+</sup>CD25<sup>-</sup> T-cells ( $5 \times 10^4$ /well) separated by single-cell sorting were stained with 5 mmol/L carboxyfluorescein diacetate succinimidyl ester (CFSE) for 10 minutes at room temperature. The CFSE label was quenched by the addition of an equal volume of prewarmed PBS (100%, filtered; Wuhan Sanli, China). Cells were centrifuged for 5 minutes at 400g. Discarded supernatant and vortex pellets were added to obtain a single-cell suspension. Cells were washed by suspending them in 1 mL of 2% FBS/PBS and were washed 3 times. Cells were set in standard 96-well plates for proliferation assays.

Cells were cultured in complete RPMI-1640 media (HyClone, Logan, UT), supplemented with 10% FCS, 100 U/mL of penicillin G sodium, and 100 U/mL of streptomycin. After 6 days of incubation at 37°C/5% CO<sub>2</sub>, they were analyzed by flow cytometry.

All CFSE data were analyzed through ModFit (ModFit LT2.0) software provided by the Verity Software House. The percentages of suppression were calculated based on the proliferation index of responder cells alone, compared with the proliferation index of cultures containing responder plus T<sub>reg</sub>. The program determines the percentage of proliferating cells within each peak, and the sum of all peaks in the control culture (no T<sub>reg</sub>) is taken as 100% of proliferation and 0% of suppression.

#### ELISA

Cell culture supernatants obtained from the T-cell proliferation and immunosuppression assays were analyzed for interleukin (IL)-2, transforming growth factor-beta (TGF- $\beta$ ) and interferon-gamma (IFN- $\gamma$ ) levels by an enzyme-linked immunosorbent assay (ELISA) kit (Jingmei, China) according to the manufacturer's instructions.

#### Confocal microscopy

Mononuclear cells from PB or PE of NSCLC patients were incubated with affinity-purified monoclonal mouse anti-human-CD25 (1:200 dilution; eBioscience) and polyclonal rabbit antihuman-FOXP3 (1:300 dilution; eBioscience), followed by rhodamine-goat antimouse and Fluorescein isothiocyanate (FITC)-mouse antirabbit (1:100 dilution; Santa Cruz), cells were tested by confocal microscopy (Olympus).

#### Statistical analysis

Data were analyzed by using the SPSS 11.5 for windows software (SPSS Inc., Chicago, IL). Values are presented as mean value  $\pm$  standard deviation. The statistical significance of different study groups was assessed by using the Student's two-tailed t-test. p-values <0.05 were considered significant.

#### Results

NSCLC patients have increased numbers of CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> T-Cells in their peripheral blood

We analyzed the peripheral blood of 51 patients with NSCLC, 33 healthy donors for the prevalence of CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> T-cells. The population of CD4<sup>+</sup>CD25<sup>+</sup> T-cells as a percentage of total CD4<sup>+</sup> T-cells was identified by flow cytometry after cell-surface labeling for the expression of CD4 and CD25 molecules. We analyzed the CD4<sup>+</sup> cells with the highest level of CD25 expression (CD4<sup>+</sup>CD25<sup>high</sup>), which protrudes as a tail from the major population of CD4<sup>+</sup>CD25<sup>low</sup> cells (Fig. 1). Intracellular staining for FOXP3, CD152 (CTLA-4), and cellular surface staining for GITR were used to distinguish CD25<sup>-</sup>, CD25<sup>low</sup>, and CD25<sup>high</sup> T-cells.

The CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> population represents 0.06%–1.38% of the CD4<sup>+</sup> T-cell population in healthy donors; however, CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> T-cells compromise 0.13%–6.33% of CD4<sup>+</sup> T-cells in NSCLC group. Representative dot-plots of NSCLC patients and healthy donors are shown (Fig. 1). Individual frequencies of CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> T-cells as well as the cumulative data for all the patients and healthy donors analyzed are represented as scatter plots (Fig. 1). As shown, the frequency of CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> T-cells in NSCLC patients was significantly higher in NSCLC patients ( $1.24 \pm 0.69\%$ ) than in healthy donors ( $0.52 \pm 0.38\%$ ).

#### Phenotypic analysis of CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> T-Cells

The CD4<sup>+</sup>CD25<sup>high</sup> T-cells were analyzed for expression of cell markers. Freshly isolated PBMCs from all patient populations were labeled with CD4, CD25, and a series of cell markers to further characterize these cells. Representative histograms of the surface marker expression analysis of GITR and intracellular marker CD152 (CTLA-4) on CD4<sup>+</sup>CD25<sup>high</sup>, CD4<sup>+</sup>CD25<sup>low</sup>, and CD4<sup>+</sup>CD25<sup>-</sup> cells are shown in Figure 2. GITR, a member of the TNF-receptor superfamily, which is a surface marker predominantly expressed on CD4<sup>+</sup>CD25<sup>high</sup> regulatory T-cells,<sup>17</sup> was present up to 8.41% in CD4<sup>+</sup>CD25<sup>high</sup> cells. CD4<sup>+</sup>CD25<sup>high</sup> cells are also distinguishable from CD4<sup>+</sup>CD25<sup>-</sup> cells by their elevated expression of CTLA-4 (CD152; 24.56%) (Fig. 2), which has been reported previ-

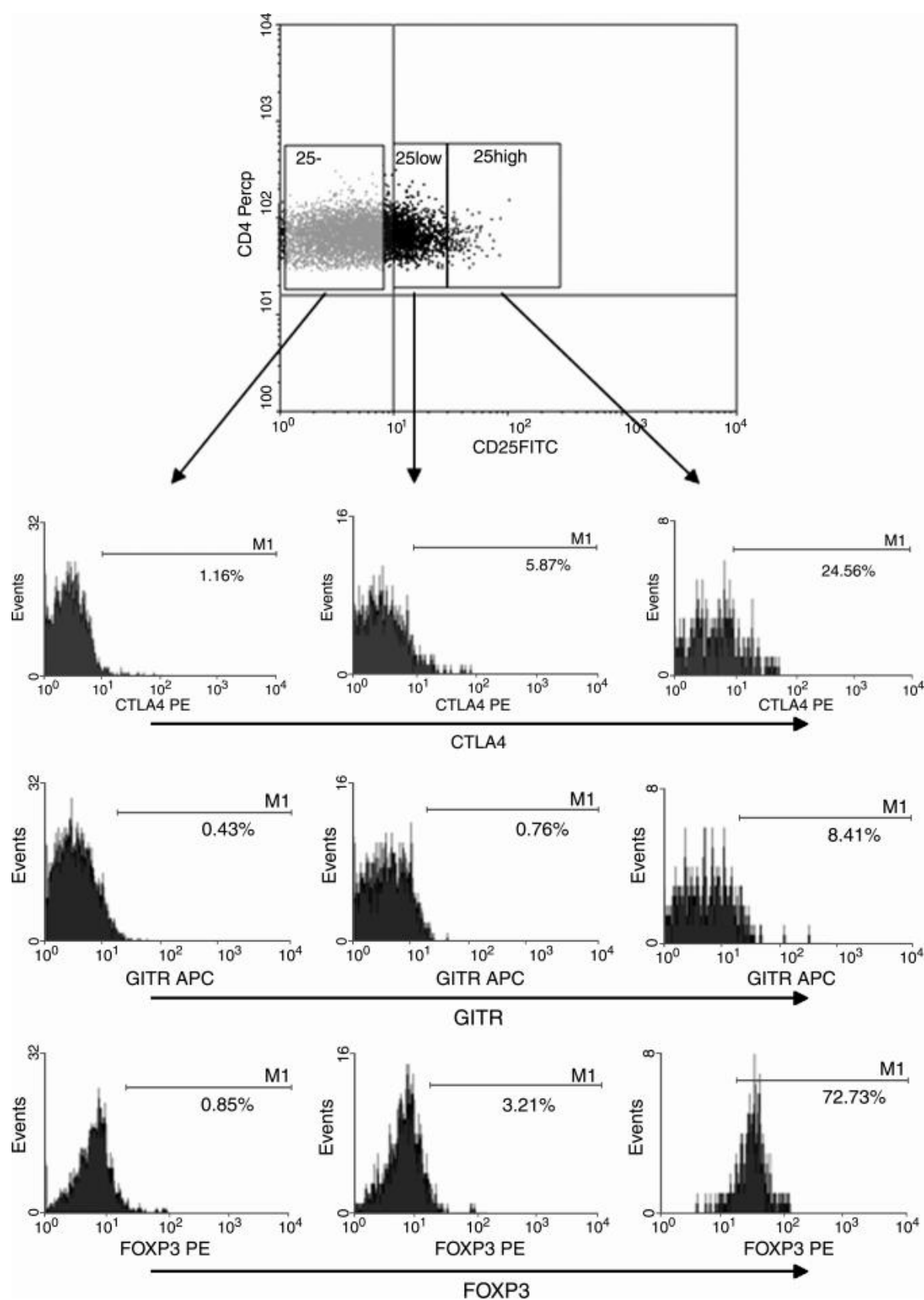


FIG. 2. Phenotypic analysis of regulatory T-cells and FOXP3 expression. Freshly isolated peripheral blood mononuclear cells from non-small-cell lung cancer patients or healthy donors were labeled with anti-CD4, anti-CD25, anti-FOXP3, anti-GITR, and anti-CTLA4. Control samples were stained with mIgG1-FITC, mIgG2a-FITC, or IgG2b-FITC. CD4<sup>+</sup>CD25<sup>high</sup>, and CD4<sup>+</sup>CD25<sup>-</sup> (see Fig. 1A). Cell populations were analyzed separately. FITC, fluorescein isothiocyanate.

ously for human circulating regulatory T-cells.<sup>18</sup> Intracellular staining FOXP3 was positive in the CD4<sup>+</sup>CD25<sup>high</sup> T<sub>regs</sub>. Cell-surface expression of regulatory T-cells for healthy donors was similar to NSCLC patients (data not shown). Thus, the CD4<sup>+</sup>CD25<sup>high</sup> T-cells in NSCLC patients and healthy donors were phenotypically similar to regulatory T-cells described previously.

Overall, our data show that a high frequency of circulating CD4<sup>+</sup>CD25<sup>high</sup> cells from NSCLC patients express GITR, CTLA-4, and FOXP3. Therefore, the CD4<sup>+</sup>CD25<sup>high</sup> cells detected in peripheral blood of NSCLC patients are, indeed, T<sub>regs</sub>.

#### Expression of FOXP3 in CD4<sup>+</sup>CD25<sup>+</sup> cells

FOXP3 has been described recently as an important transcription factor and the most specific molecular marker for regulatory T-cells known thus far.<sup>19</sup> We analyzed the expression of FOXP3 mRNA in CD4<sup>+</sup>CD25<sup>-</sup> and CD4<sup>+</sup>CD25<sup>+</sup> cells from NSCLC patients and healthy donors by using RT-PCR. As shown in Figure 3A, sorted CD4<sup>+</sup>CD25<sup>+</sup> cells from both NSCLC and healthy donors expressed FOXP3 mRNA, whereas CD4<sup>+</sup>CD25<sup>-</sup> cells expressed no, or very little, FOXP3 mRNA. Additionally, Western blot analysis of CD4<sup>+</sup> cells from NSCLC patients and healthy donors also confirmed the expression of FOXP3 in nuclear extracts (Fig. 3B). Overall, our data show that a high frequency of circulating CD4<sup>+</sup>CD25<sup>+</sup> cells from NSCLC patients express FOXP3 mRNA. These characteristics are highly indicative of regulatory CD4<sup>+</sup>CD25<sup>+</sup> T-cells already described in both healthy donors and cancer patients.<sup>10-12</sup>

#### Suppressor activity of CD4<sup>+</sup>CD25<sup>+</sup> T<sub>reg</sub> cells isolated from PBMC of NSCLC

To evaluate the suppressor activity of CD4<sup>+</sup>CD25<sup>+</sup> T<sub>reg</sub> cells in PBMC, single-cell sorting was used for their isolation,

followed by cocultures with CFSE-labeled autologous CD4<sup>+</sup>CD25<sup>-</sup> T-cells as responders. The cocultures were set up at the suppressor to responder ratios of 1:1, 1:2, and 1:4, using responder proliferating in response to anti-CD3 and anti-CD28 antibodies. To analyze the proliferation of responder cells, gating was set to include CD4<sup>+</sup>CFSE<sup>+</sup> T-cells. A strong suppression of proliferation ( $p < 0.01$ ) was observed (Fig. 4).

#### Cytokine profile of CD4<sup>+</sup>CD25<sup>+</sup> T-cells

The cytokine-expression profile of CD4<sup>+</sup>CD25<sup>+</sup> T-cells from NSCLC patients and healthy donors were analyzed and compared with each other. The culture supernatants were then assayed for IFN- $\gamma$ , TGF- $\beta$ , and IL-2 production by ELISA. CD4<sup>+</sup>CD25<sup>-</sup> T-cells from NSCLC patients ( $n = 4$ ) predominantly secrete IFN- $\gamma$  and IL-2 with little secretion of TGF- $\beta$ , whereas CD4<sup>+</sup>CD25<sup>+</sup> T-cells mainly produce TGF- $\beta$  (which is a cytokine known to inhibit T-cell proliferation) and very low levels of IFN- $\gamma$  and IL-2. The secretion of IFN- $\gamma$  and IL-2 of CD4<sup>+</sup>CD25<sup>-</sup> T-cells was also suppressed (Table 2 and Fig. 5).

#### Prevalence of CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> T-Cells in PE

We determined the prevalence of CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> regulatory T-cells also in 18 PE of NSCLC patients and compared them with CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> regulatory T-cells in 15 nonmalignant PE. We observed a small fraction of CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> T-cells in nonmalignant PE from individuals with infection (0.24%–0.96%; mean,  $0.44 \pm 0.22\%$ ;  $n = 15$ ). CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> regulatory T-cells were more abundant in PE with advanced NSCLC (0.30%–6.13%; mean  $2.85\% \pm 1.49\%$ ;  $n = 18$ ,  $p < 0.01$ ) (Fig. 6A), supporting the idea that CD4<sup>+</sup>CD25<sup>+</sup> T-cells accumulate in a tumor-specific manner in malignant PE. Meanwhile, the CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> regulatory T-cells in PE of 8 NSCLC patients were

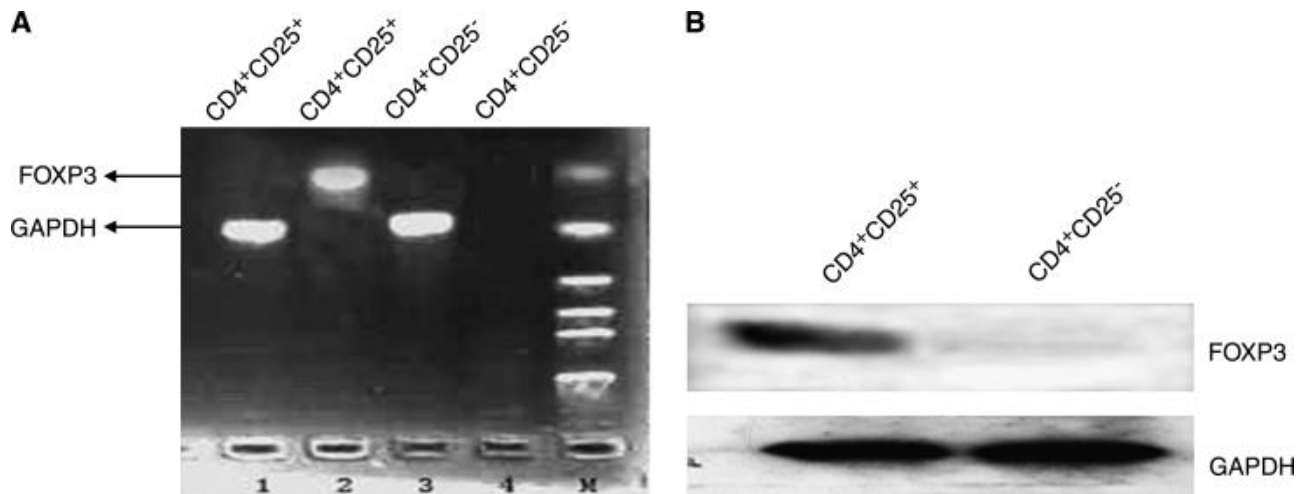


FIG. 3. (A) The expression of FOXP3 in regulatory T-cells as determined in B, cDNA obtained from sorted and/or magnetically purified populations of CD4<sup>+</sup>CD25<sup>-</sup> and CD4<sup>+</sup>CD25<sup>+</sup> cells were subjected to reverse transcriptase polymerase chain reaction analysis by using primers specific for FOXP3 and glyceraldehyde-3-phosphate dehydrogenase (GAPDH). (M: marker). One (1) GAPDH in CD4<sup>+</sup>CD25<sup>+</sup> T<sub>reg</sub> cells; 2. FOXP3 in CD4<sup>+</sup>CD25<sup>+</sup> T<sub>reg</sub> cells; 3 GAPDH in CD4<sup>+</sup>CD25<sup>-</sup> T cells; 4 FOXP3 not expressed in CD4<sup>+</sup>CD25<sup>-</sup> T-cells. (B) Nuclear extracts from CD4<sup>+</sup> T-cells isolated from peripheral blood of hepatocellular carcinoma patients and healthy donors were prepared. Expression of FOXP3 was assessed in the nuclear extracts by Western blotting.

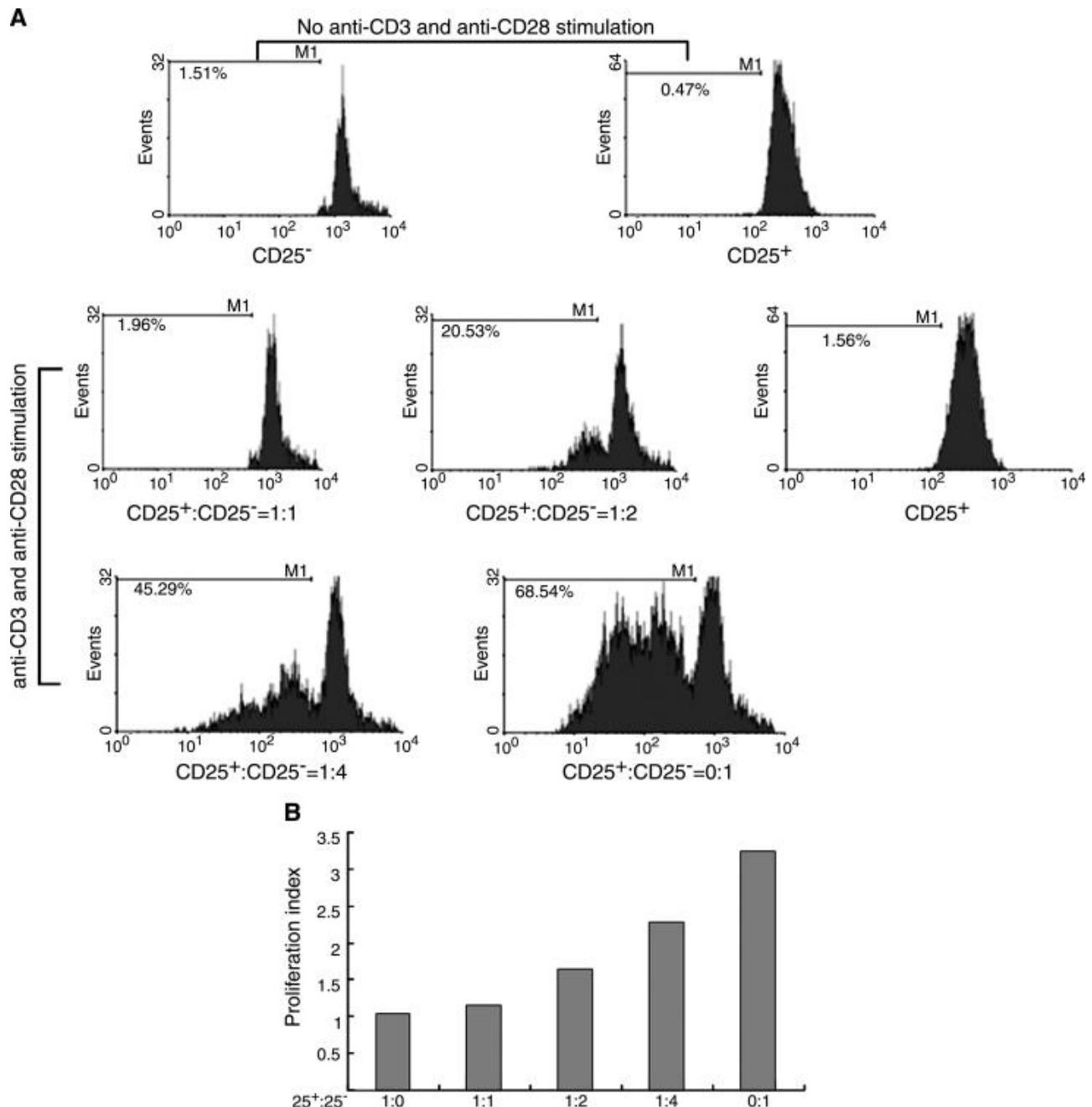


FIG. 4. CD4<sup>+</sup>CD25<sup>+</sup> T-cells from peripheral blood were suppressive in vitro. For sorting of the cells, CD4<sup>+</sup> T-cells were purified from freshly isolated peripheral blood mononuclear cells by using the CD4<sup>+</sup> T-cell isolation kit and sorted into CD4<sup>+</sup>CD25<sup>+</sup> and CD4<sup>+</sup>CD25<sup>-</sup> cells, using CD25 microbeads and pleura-effusion-conjugated antibody 25 (Miltenyi Biotec, Bergisch Gladbach, Germany) and isolated over magnetic columns, as described in Materials and Methods. Freshly isolated CD4<sup>+</sup>CD25<sup>-</sup> (50,000 cells/well) effector T-cells or CD4<sup>+</sup>CD25<sup>+</sup> regulatory T-cells (T<sub>regs</sub>) were labeled with 5 mmol/L of carboxy-fluorescein diacetate succinimidyl ester (CFSE) at ratios of 1:1, 1:2, and 1:4 and stimulated with anti-CD3 and anti-CD28. Cell culture conditions are indicated. After 6 days of incubation at 37°C/5% CO<sub>2</sub>, they were analyzed by flow cytometry. All CFSE data were analyzed through ModFit software provided by the Verity Software House. The percentages of suppression were calculated based on the proliferation index of responder cells alone, compared with the proliferation index of cultures containing responder plus T<sub>reg</sub>. The program determines the percentage of proliferating cells within each peak, and the sum of all peaks in the control culture (no T<sub>reg</sub>), is taken as 100% of proliferation and 0% of suppression. Representative histograms (A) and the corresponding proliferation index (B) of these cells of a patient are shown.

further compared with CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> regulatory T-cells in their peripheral blood, CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> regulatory T-cells were more abundant in PE with advanced NSCLC than in their blood [mean: 2.86% ± 1.1% (1.02% \*

5.55%) and 0.95% ± 0.48% (0.53% \* 1.59%) respectively; n = 8; p < 0.05] (Fig. 6B). These data showed that CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> regulatory T-cell frequencies were increased not only in peripheral blood, but also in PE,

Table 2. Cytokine profiles

	CD4 <sup>+</sup> CD25 <sup>-</sup> T-cells	CD4 <sup>+</sup> CD25 <sup>+</sup> T-cells	Mixture of CD4 <sup>+</sup> CD25 <sup>-</sup> with CD4 <sup>+</sup> CD25 <sup>+</sup> T-cells at the ratio of 1/1
IL-2 (pg/mL)	909.2 ± 272.4	27.7 ± 22.9	34.4 ± 30.28
IFN-g (pg/mL)	1158.3 ± 380	20.0 ± 23.3	37.4 ± 41.3
TGF-b (pg/mL)	230.7 ± 27.2	1444.7 ± 468.8	1750.0 ± 438.7

IL, interleukin, IFN, interferon, TGF, tumor growth factor.

suggesting that these T-cells might suppress immune activation at the tumor site.

CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> T-cells from PE were also analyzed for the expression of cell-surface and intracellular markers, such as CALT-4 and GITR, and a similar pattern, as seen in the peripheral blood of these patients, was found (Fig. 6C). We identified a substantial accumulation of CD4<sup>+</sup>CD25<sup>+</sup> FOXP3<sup>+</sup> T-cells by multicolor confocal microscopic analysis in malignant PE (Fig. 6D).

## Discussion

Recent evidence has demonstrated that the pathologic interactions between cancer cells and host immune cells in the tumor microenvironment create an immunosuppressive network that promotes tumor growth, protects the tumor from immune attack, and attenuates immunotherapeutic efficacy. Poor tumor-associated antigen (TAA)-specific immunity is not simply due to a passive process, whereby adaptive immunity is shielded from detecting TAAs, but there is also an active process of "tolerization" taking place in the tumor microenvironment. Tumor tolerization is the result of imbalances in the tumor microenvironment, including alter-

ations in antigen-presenting cell subsets, costimulatory and coinhibitory molecule alterations, and altered ratios of effector T-cells and T<sub>regs</sub>. More and more evidence showed that regulatory-T-cell-mediated immunosuppression is one of the crucial tumor immune-evasion mechanisms and the main obstacle of successful tumor immunotherapy.<sup>20,21</sup>

Lung cancer is the first most common cancer worldwide with a poor prognosis. Even when diagnosed at an early stage, patients relapse at a rate as high as 50% after surgical resection.<sup>22</sup> Petersen et al.<sup>23</sup> examined the relation between T<sub>reg</sub> cells and total tumor-infiltrating T-cell lymphocytes (TILs) to determine whether they correlated with recurrence. They found that patients with stage I NSCLC who have a higher proportion of tumor T<sub>reg</sub> cells relative to TIL had a significantly higher risk of recurrence. So, a better understanding of the role of regulatory T-cells in NSCLC is important for the design of future immunotherapy-based clinical protocols.

Because only the CD4<sup>+</sup>CD25<sup>high</sup> population exhibits a similarly strong regulatory function in humans,<sup>8</sup> this study presents evidence for an increase in frequency of CD4<sup>+</sup>CD25<sup>high</sup> T<sub>reg</sub> cells in the peripheral blood of NSCLC patients. We used several cell-surface and intracellular markers

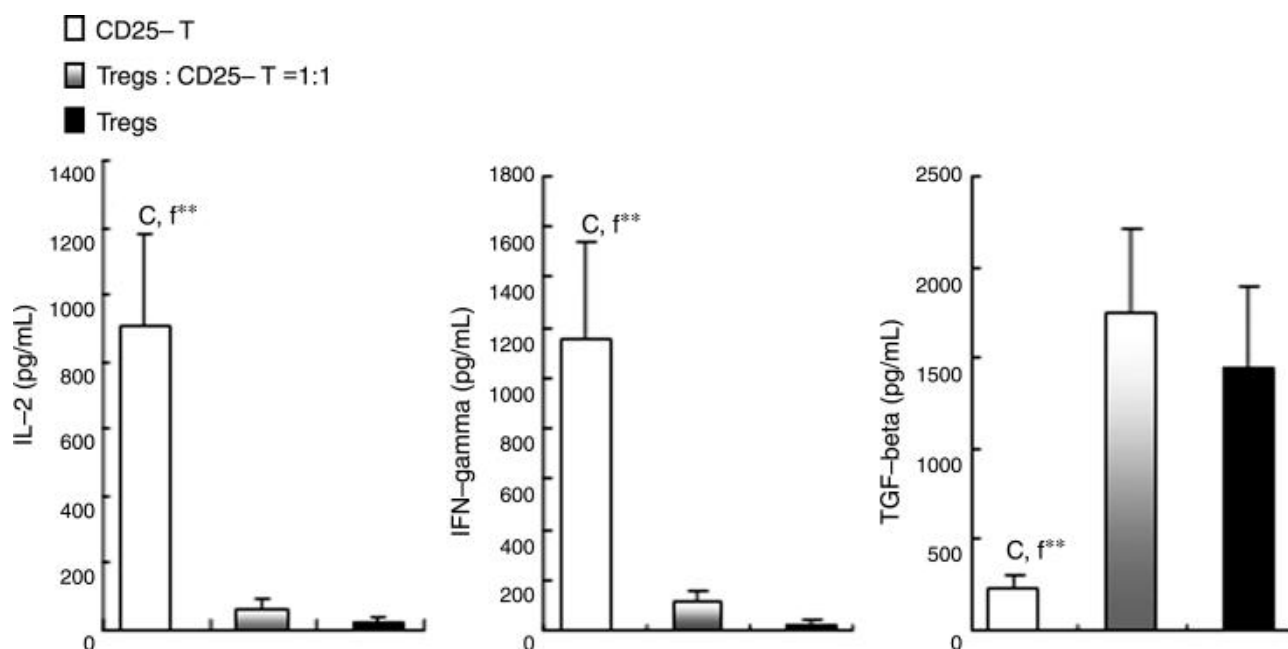


FIG. 5. T<sub>regs</sub> suppress the production of interleukin-2 and interferon-gamma by CD4<sup>+</sup>CD25<sup>-</sup> T-cells, but increase transforming growth factor beta production. Isolated CD4<sup>+</sup>CD25<sup>-</sup> T-cells, regulatory T-cells (T<sub>regs</sub>), and the mixing of these two types of cells at the ratio of 1:1 were stimulated, respectively, for 6 day, as indicated. The supernatants were analyzed by enzyme-linked immunosorbent assay (n = 4), \*\*p < 0.01, compared to the T<sub>regs</sub> group and compared to the mixture group.

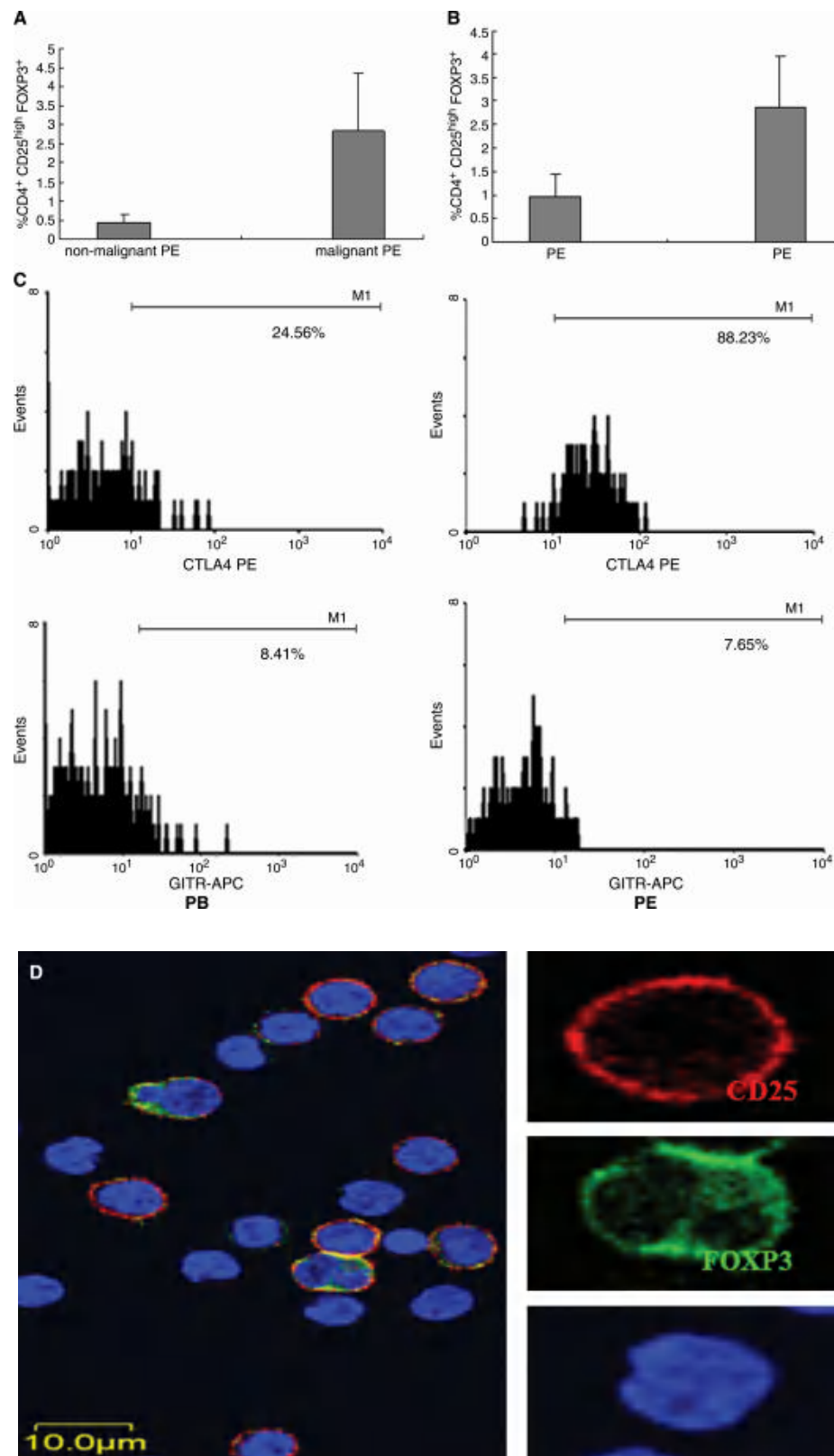


FIG. 6. Analysis of CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> T-cells in pleural effusion (PE). (A) PE from advanced non-small-cell lung cancer (NSCLC) patients (n=8) were tested in parallel to peripheral blood for the presence of CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> T<sub>reg</sub> cells. (B) PE from advanced non-small-cell lung cancer (NSCLC) patients (n=18) were compared to nonmalignant PE (n=15). (C) T<sub>regs</sub> from peripheral blood (PE) showed similar expression patterns for CTLA-4 and GITR expression. (D) a substantial accumulation of CD4<sup>+</sup>CD25<sup>high</sup>FOXP3 T-cells in PE were identified by multicolor confocal microscopic analysis shown here in black & white.

to distinguish CD4<sup>+</sup>CD25<sup>high</sup> T<sub>reg</sub> cells from activated cells. Although CD25 is the typical cell-surface marker used to identify T<sub>reg</sub> cells, its specificity is not limited to regulatory T-cells, but also to other types of activated T-cells. Therefore, we decided to include other, more specific markers, such as GITR and CD152(CTLA-4), and FOXP3, to identify T<sub>reg</sub> cells by flow cytometry.<sup>8,17</sup> This allowed for the distinguishing of T-cells with regulatory properties from other activated CD4<sup>+</sup> T-cells in the peripheral blood from NSCLC patients and controls. The stringent conditions used in our study led to sorting out a smaller population of CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> T-cells, which represent 0.06%–1.38% of CD4<sup>+</sup> T-cells in healthy people. In addition, we have analyzed FOXP3 expression in CD4<sup>+</sup>CD25<sup>high</sup> cells from NSCLC patients and healthy donors by RT-PCR, because it has been shown recently that CD4<sup>+</sup>CD25<sup>high</sup> T<sub>regs</sub> specifically express this transcription factor,<sup>23</sup> and it is currently considered to be the most accurate marker to identify T<sub>regs</sub>. We also found FOXP3 to be expressed almost exclusively by the CD4<sup>+</sup> CD25<sup>high</sup> T-cell population. The cell-surface and intracellular-marker analysis, combined with FOXP3 expression, led us to believe that the population detected in the peripheral blood of NSCLC patients is, indeed, CD4<sup>+</sup>CD25<sup>high</sup> T<sub>regs</sub>.

In ex vivo assays, we also studied the function of FOXP3<sup>+</sup> T<sub>regs</sub> in NSCLC patients by analyzing their proliferative and suppressive abilities as well as cytokine profile. FOXP3<sup>+</sup> T<sub>reg</sub> cells from NSCLC patients had a potent suppressive activity, as they inhibited the proliferative response of CD4<sup>+</sup>CD25<sup>+</sup> T-cells significantly upon T-cell-receptor stimulation. In addition, these cells secreted inhibitory cytokines, such as TGF- $\beta$ . Several groups have found the suppressive effect of regulatory T-cells to be cell-contact dependent and not mediated by cytokines. However, other studies have shown that TGF- $\beta$  are responsible for the suppressive effect of regulatory T-cells.<sup>24</sup> This study presents that immune tolerization is predominant in the immune system in patients with advanced NSCLC. It is time to consider combinatorial tumor therapies, including those that subvert the immune-tolerating conditions within the tumor.

To analyze the role of the regulatory T-cells in the tumor environment, we have also analyzed CD4<sup>+</sup> CD25<sup>high</sup> FOXP3<sup>+</sup> T-cell population isolated from PE. The CD4<sup>+</sup> CD25<sup>high</sup> T-cells in malignant PE from NSCLC were CTLA-4 positive and GITR positive and also expressed FOXP3. Our data clearly showed that CD4<sup>+</sup> CD25<sup>high</sup> FOXP3<sup>+</sup> regulatory T-cell frequencies were increased not only in peripheral blood, but also in tumor microcircumstance, suggesting that these T-cells might suppress immune activation at the tumor site.

Several experimental models have shown that the elimination of FOXP3<sup>+</sup> T-cells can lead to effective antitumor immune responses. In mice, treatment with anti-CD25 mAb led to the regression of leukemia and fibrosarcoma.<sup>25</sup> In another study, the depletion of regulatory T-cells resulted in a slower growth of B16 melanoma.<sup>26</sup>

It remains to be shown as to how the increase in CD4<sup>+</sup> CD25<sup>high</sup> FOXP3<sup>+</sup> regulatory T-cells in humans contributes to immune tolerance or inhibition of effective antitumor immune responses in NSCLC. It is possible that the presence of CD4<sup>+</sup> CD25<sup>high</sup> FOXP3<sup>+</sup> regulatory T-cells at the tumor site promote tumor growth. On the other hand, the secretion of inhibitory factors by tumors might cause an expansion of regulatory T-cells.

## Conclusions

In conclusion, our data suggest that in NSCLC patients, there is an increase of CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> regulatory T-cells in peripheral blood and PE. These T-cells might prevent effective antitumor immune responses, and in designing immunotherapy protocols for NSCLC, CD4<sup>+</sup>CD25<sup>high</sup> FOXP3<sup>+</sup> regulatory T-cells are one more obstacle to overcome. These findings will prove to be important for the design of immunotherapeutic approaches to NSCLC.

## Acknowledgments

This work was funded by the National Science Fund of China (no. 30225038).

## Disclosure Statement

No competing financial interests exist.

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